### SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 8-K

Current Report Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): January 28, 2019

## BRINKER INTERNATIONAL, INC.

(Exact name of registrant as specified in its charter)

Delaware

1-10275

75-1914582

(State of Incorporation)

(Commission File Number)

(IRS Employment Identification No.)

6820 LBJ Freeway
Dallas, Texas 75240
(Address of principal executive offices)

Registrant's telephone number, including area code 972-980-9917

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425).
- o Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12).
- o Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b)).
- o Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c)).

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company o

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. o

#### Item 5 - Corporate Governance and Management

## Item 5.02. Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangement of Certain Officers

On January 28, 2019, Cindy L. Davis was appointed to the Board of Directors of Brinker International, Inc. (the "Company").

On January 31, 2019, John W. Chidsey was appointed to the Company's Board of Directors.

As of this date, Ms. Davis and Mr. Chidsey have not been assigned to any of the Committees of the Board of Directors.

#### Section 9 - Financial Statements and Exhibits.

#### Item 9.01. Financial Statements and Exhibits.

(d) Exhibits.

Dated: January 31, 2019

99.1 Press Release dated January 31, 2019.

#### SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

BRINKER INTERNATIONAL, INC.

By: /s/ Wyman T. Roberts

Wyman T. Roberts,
President and Chief Executive Officer
and President of Chili's Grill & Bar

#### FOR IMMEDIATE RELEASE

Contacts: Media Relations (800) 775-7290

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# BRINKER INTERNATIONAL ADDS CINDY L. DAVIS AND JOHN W. CHIDSEY TO BOARD OF DIRECTORS

DALLAS (Jan. 31, 2019) - Brinker International, Inc. (NYSE: EAT), a recognized leader in casual dining, announces the appointment of Cindy L. Davis and John W. Chidsey to its Board of Directors.

Davis is an accomplished executive with a track record of driving innovation and profitable growth globally. She previously served as vice president of Nike, Inc. and president, Nike Golf. Prior to that, Davis was senior vice president at Golf Channel, a division of Comcast Corporation with responsibilities for golf sponsorships, sports marketing and media, and was formerly president and chief executive officer of Arnold Palmer Golf Management, LLC. In addition to Brinker, Davis serves on the Board of Directors for Deckers Brands and Kennametal, Inc. and previously served on the board of Buffalo Wild Wings, Inc.

Chidsey is a talented leader and experienced restaurant operator with deep industry knowledge. He most recently served as chairman and chief executive officer of Burger King Holdings, Inc. Prior to serving as CEO, he held several executive leadership positions including president and chief financial officer. Chidsey served as chairman and chief executive officer of two divisions of Cendant Corporation, including brands such as Avis, Budget and Jackson-Hewitt, and held senior leadership positions at PepsiCo, Inc. In addition to Brinker, Chidsey serves on the Board of Directors for Norwegian Cruise Line Holdings, Ltd. and Encompass Health Corporation.

"We're excited to have both Cindy and John join our team and know their perspectives and experience will be a great addition to our board," said Wyman Roberts, CEO and president of Brinker International, Inc. and president of Chili's Grill & Bar. "As we continue to differentiate the Guest experience at Chili's and Maggiano's, Cindy's global retail strategy and consumer-focus expertise and John's operations and financial knowledge will prove invaluable."

Brinker International, Inc. is one of the world's leading casual dining restaurant companies. Founded in 1975 and based in Dallas, Texas, as of Dec. 26, 2018, Brinker owned, operated, or franchised 1,685 restaurants under the names Chili's® Grill & Bar (1,632 restaurants) and Maggiano's Little Italy® (53 restaurants).